

Volume 5, Issue 1

April 2, 2018

INSIDE THIS ISSUE:

2018 Kick-off Meeting	1
President's Corner	1
Winter Service Excellence Award Winners	2
24-Hour Way Winner	2
Upcoming Events	2
Self-care Action Plan For Nurses	3
Employee Appreciation	3
Spring into Health & Wellness	4
Welcome to the Team!	4
Contact & Helpful Links	4

Editor: Cindy Keo

Employee Benefits

Medical Insurance
Dental Insurance
Vision Plan
Flexible Spending Acct
401K Retirement Plan
Direct Deposit
Cal Baptist University's Corporate Program with 24HRMED and more...
Contact:
Hr@24-hrmed.com

Referral Bonus\$

Call and ask about our \$500 Registered Nurse Referral Bonus Program Today!

Your Healthcare Staffing Solutions

2018 Kick-off Meeting

On February 09, 2018, 24-Hour Medical Staffing Services (24HRMED) held their annual Kick-off meeting at Mountain Meadows Golf Course in Pomona, CA.

Corporate employees gathered together to highlight their previous year's accomplishments and goals for 2018 fiscal year.

After breakfast, we started off the day with CEO & President Linda Stone giving a welcome message, followed by an icebreaker to get to know new and old team members.

Next, each department present their accomplishments, goals, and updates for 2018. Presenters included members from Sales and Delivery, Finance, Marketing, Project Lead, Compliance, and Human Resources.

Lastly, awards! Each year, awards are given to corporate employees to celebrate their accomplishments and contribution to 24HRMED. Awards were given out by CEO & President Linda Stone, Vice President of Sales & Client Delivery Myrna Lavapie, Human Resources & Risk Management Erica Zuniga.

We ended the day with closing remarks from CEO Linda Stone. As a result, we look forward to the 2018 fiscal year. Also, thank you to all our clients and employees for your support. We continue to look forward to working with you!



President's Corner

It's spring! We hope 2018 is starting off great for you.

With the arrival of spring, we continue to look forward to working with everyone this year by sharing new programs and plans for 24-Hour Medical Staffing Services.

As we continue to grow, we hope you follow us on our journey as we plant a seed for the future. Spring marks the beginning of a fresh new start, and we hope you continue to join us in the upcoming years.

Here at 24-Hour Medical Staffing Services, we are at your service any day and any time of the day.

Thank you!



Linda Stone

SERVICE EXCELLENCE AWARD WINNERS

Our company selects and honors Service Excellence Award winners from our talented and dedicated healthcare professional staff. We have over 200 Healthcare Professionals so earning an award is difficult and special.

Latoya Y. – RN Tele

Latoya exemplifies the epitome of excellence. The kindness, positive attitude, and professionalism she exudes to me, is the same in the nursing field. 24HRMED is not only fortunate to have her but the facility she's currently working at as well.

Deiadre A. – RN

Deiadre Amour is always willing to work with our newer clients, she is well liked by her patients, and is hard working especially when she was working on contract at one of the facility in San Dimas. We have never received any complaints. Deiadre is reliable and will drive 80+ miles to work a shift, and arrive on time.

24-Hour Way Winner

Each employee is a role model and ambassador for 24HRMED. As a 24HRMED team member, this is our top mindset every day. Thank you to all 24HRMED team members who go out of their way to provide quality service that helps our Healthcare Professionals and Clients succeed. Thank you all for taking every opportunity to demonstrate and highlight the 24-Hour Way! Congrats!



Jan. 24-Hour Way Winner - Gloria D.



Feb. 24-Hour Way Winner - Krystle G.

Follow Us!



@24hourmedicalstaffing

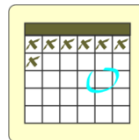


@24HRMED



@24hrmedstaffing

Upcoming Events & Happenings:



May. 13, 2018
Mother's Day



May 28, 2018
Memorial Day



June 17, 2018
Father's Day



Self-Care Action Plan for Nurses

Self-care is not lazy or selfish, you're just taking time for yourself – body, spirit, and mind. It's crucial for our physical, emotional, and mental well-being. Self-care is important to maintaining a healthy positive relationship with yourself, especially for healthcare professionals.

Nurses need to take care of themselves to care for others. Nursing is a fulfilling yet stressful profession. It is very fast-paced, and you must cope with difficult obstacles such as emotional pain from interacting with patients who are ill and suffering.

To be able to give your best to others, you need to consistently take care of yourself first. Follow a healthy lifestyle by eating plenty of fruits and vegetables. De-stress by making time to rest and relax. Wellness should be a part of your everyday life, so get plenty of sleep, exercise, or connect with friends and family for support.

"You owe yourself the love that you freely give others."
- unknown

Take time for yourself



Eat healthy meals



Read a book



Drink water



Get sleep



*Surround yourself with
supportive people*



24 Hour Medical Staffing Services
practice the
spirit of giving
by supporting
the following
well-respected
organizations &
their causes.



Employee Appreciation Day
March 2, 2018

We are so thankful for our wonderful staff. Your caring and concern for our patients is what makes our practice special.

Thank you for everything that you do!

Your Healthcare Staffing Solutions

21700 E. Copley Dr.
Suite 270
Diamond Bar, CA 91765

Phone: (909) 895-8960
Fax: (909) 895-8964
E-Mail: HR@24-hrmed.com

Contact our experienced Staffing Specialist for more opportunities!

SPRING INTO HEALTH & WELLNESS

Exercising can help reduce stress, improve sleep, & lower blood pressure

Keep windows closed or certain rooms pet-free to reduce allergies. Regular dusting & vacuuming helps, too.

Vitamin C does wonders for cold & allergy symptoms. Some foods that are high in vitamin C are papaya, strawberries, oranges, & broccoli.

Fish and nuts both have properties that boost immunity & fight inflammation.



THIS IS YOUR NEWSLETTER!



What type of stories, news, or articles would you like to see?

The goal of the 24-Hour Medical Staffing Services Newsletter is to keep you updated on company news, events, and happenings. If you would like to see any other information, or have any suggestions, comments, or questions

Please email:
Cindy@24-hrmed.com

Continuous Education

www.rn.ca.gov

www.cdph.ca.gov

www.bvnpt.ca.gov

www.nursingcenter.com

www.continuecpr.com

Welcome to the Team, Ann!

How did you first learn about 24HRMED?

I learned about 24HRMED from a school job posting, then from our fellow co-worker Kevin, who was a classmate of mine in college.

What is your role at 24HRMED?

At 24HRMED I am a Staffing Specialist.

What's been your favorite part about 24HRMED so far?

My favorite part about 24HRMED has been the help and support that we all provide each other and the motivating reward programs, such as team building and company lunches.

If you could only choose one vacation destination where would you pick and why?

If I could choose only one vacation destination it would be Greece, because they have good food, warm beaches, and a rich history, with Greek gods and mythological creatures.

