

## **MARITZA E. PEREZ, BSN, RN**

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### **PROFILE**

Professional and conscientious registered nurse, adept at determining timely solutions to challenging situations using superior communication skills and championing new ideas. Registered nurse with 11 years of nursing experience in cardio-thoracic ICU, telemetry, urgent care, primary and specialty care (i.e, pediatrics, ob-gyn, gastroenterology, rheumatology, family and internal medicine), supervision, iv infusions, community health and case management.

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### **SUMMARY OF QUALIFICATIONS**

Hands-on versatile leader with a demonstrated track record managing and supervising a team of 12 employees and ensuring successful collaboration with various departments. Experienced with Epic Electronic Health Records; NextGen Electronic Health Records; eClinicalWorks; Allscripts, Quest; PeopleSoft; Microsoft Office. Bilingual fluency in English and Spanish.

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### **PROFESSIONAL EXPERIENCE**

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**St. Joseph Heritage Health**  
Mission Viejo, CA

2017

#### **Clinic Nursing Supervisor**

- Supervised, mentored, prioritized, coached and delegated work assignments to 12 employees, including medical assistants and x-ray technologists appropriately to ensure completion of patient care activities and optimal patient care in an urgent care setting.
- Collaborated and served as liaison between patients, medical providers and front office manager.
- Provided care and counseling of clients, promoted and maintained health, and prevention of injury based upon the nursing process, including systemic data gathering, assessment, and appropriate nursing judgment.
- Tasked with creating, coordinating, and enforcing nursing standard operating procedures.
- Audited client charts to maintain quality assurance and ordered medications and supplies from direct vendor.
- Assisted in the development and implementation of nursing policies and procedures as well as championed new ideas.
- Formulated and implemented competency assessments and educational tools.
- Orchestrated evaluations, disciplinary actions and staff meetings.
- Proficient in interacting with families of cultural diversity.

**UC Irvine Health**  
Irvine, CA

2017

#### **Travel Infusion Registered Nurse**

- Provided specialized outpatient intravenous infusions in 3-chair unit to patients with rheumatologic, gastroenterologic and autoimmune diseases. Possessed strong assessment and IV therapy skills including venipuncture, peripheral and implanted port line access.
- Performed infusions and monitoring of patients' status throughout entire infusion as well as triaged and managed adverse effects of medication and disease processes.
- Assisted in coordinating patient care with physician and pharmacist and maintained administrative accountability with callbacks to patients with questions.

**MemorialCare Health System: Foundation**  
Aliso Viejo, CA

2016 – 2017

**Registered Nurse**

- Administration of immunizations/medications to adult and pediatric populations, overnight pulse oximetry, spirometry, holter monitoring and EKG submission of pre-operative clearances, phlebotomy for blood draw and blood volume, port-a-cath care, IV therapy, triaged, patient rooming and patient education.
- Responsible for budget for our offices medical and pharmaceutical supplies, responsible for follow up with purchasing and vendors to ensure timely shipment
- Streamline re-ordering process in our office, using lean principles and 5S supply areas, established minimum and maximum and reorder points to ensure timely ordering and minimizes product loss and/or stockouts.
- Enforced clinical staff sterilization techniques, responsible to train new hire staff on housewide mandatory assignments.

**Neighborhood Health Plan of Rhode Island**  
Providence, RI

2014 – 2015

**Nurse, Case Manager**

- Performed intensive case management for adults, maternal-child, and children with special needs clients to promote quality, cost effective outcomes via comprehensive assessment, care planning with interdepartmental teams and community resources, facilitation of referrals, and re-evaluation of outcomes. Calculated cost savings of directing members to appropriate care settings per care issue. Participated in achieving metrics established by the hospital to meet CMS quality standards and HCAPS.
- Provided clinical oversight of Community Outreach Specialists and other department members. Reviewed case reports with Outreach Specialists and served as a clinical resource for ancillary departments. Provided cross-coverage as assigned by Supervisor.

**The Miriam Hospital**  
Providence, RI

2009 – 2015

**Registered Nurse**

- Conducted community outreach efforts at schools, parks, community centers, and patient homes in lower socioeconomic areas. Evaluated health trends and risk factors of population groups to determine priorities for targeted interventions. Performed various health screenings and hosted immunization clinics, established realistic patient-care goals with patients and their families, and coordinated follow up in regards to directing patient access to healthcare and insurance coverage.
- Provided essential input to interdisciplinary programs that monitor and respond to identified public health issues. Helped to develop public policy and targeted health promotion and disease prevention activities. Facilitated health education and care management of patients in the community into the primary care system.

**Urgent Medical Care/StatCare**  
Cumberland, RI

2008 – 2010

**Registered Nurse**

- Supervised and managed a team of 2 medical assistants, 1 front office assistant, 1

phlebotomist, and 4 medical providers. Maintained patient flow thru Urgent Care while ensuring quality of care and regulatory compliance. Conducted new-hire training and contributed to performance evaluations.

- Assessed and triaged patients using the nursing process and evidenced-based practice guidelines. Administration of medication, treatments, wound care, diagnostics, and procedures with evaluations of effectiveness. Coordinated patient transfers to hospitals for elevation of care. Patient teaching with home instructions. Collaboration with multidisciplinary team to achieve positive health outcomes.

**St. Joseph's Health Services of Rhode Island**  
North Providence, RI

2009 – 2011

### **Telemetry Registered Nurse**

- Assisted physicians during cardiac procedures and provided post-operative care. Continuously assessed to identify actual and potential care deficits before intervening appropriately. Individualized patient care and worked collaboratively with treatment teams and patients to improved health outcomes and reinforced healthy life choices. Maintained IV and nutritional therapy.
- Supervised and precepted students performing nursing patient assessments, procedures, medication administration, delegation, and patient education. Reviewed proper and timely documentation, shift change reports, and encouraged critical thinking to develop individualized care plans. Fostered role confidence and helped students develop autonomy in nursing practice.

**Rhode Island Hospital**  
Providence, RI

2007 – 2009

### **Professional Nurse I**

- Provided direct patient care in a busy cardio-thoracic intensive care unit.
- Monitored patients' conditions, documented changes, and collaborated with physicians.
- Experienced with hemodynamic monitoring, vasoactive and antibiotic IV drips, therapeutic hypothermia, chest tubes, JP drains, arterial line and ventilator management, and feeding tubes.
- Directed ancillary nursing personnel in completing patient care objectives and followed up to ensure timely and accurate completion.

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## **EDUCATION AND CERTIFICATIONS**

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**Bachelor of Science in Nursing**, Rhode Island College, 2007  
**Advanced Cardiac Life Support (ACLS)**, American Heart Association  
**Basic Life Support (BLS)**, American Heart Association  
**Neonatal Resuscitation Program (NRP)**, American Academy of Pediatrics  
**Vaccines for Children Program (VFC)**  
**California Immunization Registry (CAIR)**  
**Management of Assaultive Behavior**  
**Crisis Prevention Intervention (CPI)**

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## **HONORS AND MEMBERSHIPS**

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**American Heart Association Multicultural Committee Rhode Island**  
**Top 3 Case Managers: Maternal-Child Health/Special Needs**, Neighborhood Health Plan  
**Employee of the Month**, Neighborhood Health Plan